Kansas Tobacco Control Strategic Plan, 2016 – 2020

Vision: A healthy, tobacco-free Kansas

Mission: Prevent and eliminate tobacco use among Kansans of all ages through advocacy, education, and collaboration

Priority Audiences

- Low income adults
- Adults with poor mental health status
- Pregnant women
- Youth and young adults

Goals Focus on	PREVENT TOBACCO USE
	Prevent initiation among youth and young adults
Objectives <i>Measure</i>	 1.1. Reduce the percentage of high school students who use cigarettes, e-cigarettes and any tobacco products respectively by 5 percentage points. 1.2. Reduce the percentage of 18-24 year olds who use cigarettes, e-cigarettes and any tobacco products respectively by 5 percentage points.
Strategies Work on	1.1.1. / 1.2.2. Support efforts to adopt and implement evidence-based pricing strategies that discourage tobacco use 1.1.2. Support zoning and licensing policies to
	restrict youth access to tobacco products in the retail environment 1.1.3. Incorporate e-cigarettes in all smoke-free and tobacco-free policies at the state and local levels
	1.1.4. Develop tobacco-free policies that include ecigarettes on K-12 school properties
	1.1.5 . Develop and implement a large scale, counter marketing communication campaign to promote tobacco use prevention and control
	1.2.2. Support the adoption and implementation of Tobacco 21 policies
	1.2.3. Develop tobacco-free policies that include ecigarettes on educational campuses, worksites or

other places where 18-24 year olds are exposed to

tobacco use

SECONDHAND SMOKE

2. Eliminate exposure to secondhand smoke

- **2.1**. Decrease the percentage of high school students exposed to secondhand smoke in any indoor or outdoor public place from 36.6% to 25%.
- **2.2.** Decrease the percentage of Kansas workers who were exposed to secondhand smoke at work in the past week from 20.2% to 17%.
- **2.3.** Decrease the percentage of Kansas adults who live in households where smoking is allowed from 13% to 8%.
- **2.1.1.** Implement policies for smoke-free parks, recreation and sports areas, campuses, and outdoor work areas
- **2.2.1.** Close loopholes in Kansas Indoor Clean Air Act regarding exemptions for casinos, cigar bars, fraternal organizations, etc.
- **2.2.2.** Implement tobacco-free policies and cessation support in low wage worksites and worksites in locations serving low socioeconomic status (SES) communities and racial and ethnic subgroups
- **2.3.1.** Implement smoke-free multi-unit housing policies

TOBACCO CESSATION

3. Promote quitting among adults and youth

- **3.1**. Increase the percentage of current smokers who make a quit attempt from 58.6% to 65.0%.
- **3.2.** Decrease the percentage of pregnant women who smoke from 12.0% to 9.0%.
- **3.1.1.** Implement comprehensive tobacco cessation programs and treatment protocols in mental health
- **3.1.2.** Promote increased utilization of tobacco cessation treatment available through Medicaid
- **3.1.3.** Develop and implement a large scale, counter marketing communication campaign to promote tobacco cessation
- **3.1.4.** Establish comprehensive insurance coverage for cessation to reduce barriers to receiving cessation benefits
- **3.1.5.** Engage providers throughout health care systems in integrating cessation into healthcare practices
- **3.2.1.** Educate healthcare providers on evidence-based best practices for cessation before, during, and after pregnancy
- **3.2.2.** Implement comprehensive tobacco cessation programs and treatment protocols in prenatal and perinatal care settings
- **3.2.3.** Increase utilization of available tobacco cessation treatment among pregnant women

DISPARITIES

- 4. Identify and eliminate tobacco-related disparities among population groups disproportionately impacted by tobacco
- **4.1**. Reduce percentage of low income adults who smoke from 31.1% to 26%.
- **4.2.** Decrease percentage of adults with poor mental health status who smoke from 36.1% to 31%.
- **4.1.1.** Promote quit attempts among low-income smokers
- **4.1.2.** Support efforts to reduce tobacco industry targeted marketing in the retail environment
- **4.1.3.** Implement tobacco-free policies and cessation support in low wage worksites and organizations serving low SES communities and racial and ethnic subgroups.
- **4.1.4.** Improve the availability, accessibility, and effectiveness of cessation services for populations affected by tobacco-related disparities
- **4.2.1.** Implement policies for tobacco-free treatment in behavioral health care facilities
- **4.2.2.** Adopt statewide regulation requiring tobacco-free grounds polices for behavioral health organizations
- **4.2.3.** Improve the availability, accessibility, and effectiveness of cessation services in behavioral health populations